



My New Year's Resolution Pledge

This year, I will be more intentional in setting realistic goals. I will challenge myself to achieve dreams. I will forgive myself for mistakes. I will let others help me. I will be accountable.

The world is not my enemy. And the fact that I am still here proves I have something to offer.

Today I set my resolutions/goals, and commit to earnestly doing my best to become the person I'm meant to be, for myself, my family, and the world around me:

SPIRITUALLY:

PHYSICALLY:

FINANCIALLY:

MENTALLY:

EMOTIONALLY:

CREATIVELY:

PROFESSIONALLY:

SOCIALLY:

Signed _____ January 1, 2022

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